First Flu Cases Reported in Greene County

Last week the first cases of flu were reported in Greene County. As of January 11, 2011, 10 confirmed cases of flu were reported between the dates January 2-8, 2011. The Springfield-Greene County Health Department is urging the community to protect yourself and your loved ones from the flu this year. Vaccination is the best way to protect yourself and others from getting the flu. It is not too late to get vaccinated! There are a variety of retail locations and health care providers throughout Springfield that have flu vaccine available. For a list of retail locations. This year the 2010-2011 seasonal flu vaccine will offer protection from the three most common flu viruses that will circulate this flu season, one of which will be the 2009 H1N1 flu virus. It is important to make time to get a seasonal flu shot this year even if you were vaccinated last year. Flu viruses change every year and can make people very sick even if they have had the flu previously.

Practicing proper health hygiene is also important in protecting yourself against the flu! Wash your hands often; cover your cough and sneeze, and stay home if you are sick. These hygiene habits will prevent the spread of flu and other illnesses while keeping you, your loved ones and our community healthy and active throughout this flu season.

For more information on flu, visit www.FightTheFluMO.com for resources that you can use to protect your school, daycare, business, faith community and many other organizations.

The Springfield-Greene County Health Department will continue to track and report flu cases on a weekly basis. For more information, please contact Kendra Williams at 417-864-1408.

For more information contact: Katie Towns-Jeter MPH, Public Information Administrator, 417-874-1205

Harold K. Bengsch Building

227 E. Chestnut Expwy. • Springfield, MO 65802
417-864-1658