April 05, 2010

News Release

For Immediate Release

Celebrate National Public Health Week

National Public Health Week is a reminder that small steps create change that improves people's health, the health of our community and ultimately, our country. The Springfield-Greene County Health Department celebrates National Public Health Week this week! It is important to draw attention to the fact that public health requires individual commitment to create community fortune. Every year in our country, nearly 900,000 people die from deaths that can be prevented. And even more unfortunately, according to the Surgeon General, our children live with the fact that 1 out of every 3 children are overweight or obese. This means that our children are subject to the harmful effects of chronic disease including heart disease, diabetes, and emotional unrest.

The Springfield-Greene County Health Department is working to help people make one small change to improve their lives, helping people live happier, healthier, longer lives! We encourage the community to visit our website at www.springfieldmo.gov/health to watch a short video that shows how public health is at work in our community. Along with this video, daily messages will highlight some of the greatest health challenges that face our community. These messages will be accompanied by information and resources to help people make small changes that can have a large impact on their health. This information will also be available via Facebook and Twitter.

For more information, please visit our website, follow us on Facebook and Twitter or contact Katie Towns-Jeter at 417-874-1205.

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