

June 29, 2011

News Release

For Immediate Release

Aquathon & Kid'athlon Events Challenge All Ages

The Springfield-Greene County Park Board will host two triathlon style events, including the Aquathon Series for all ages and the 8th Annual Kid'athlon.

Aquathon Series

The Aquathon Series is a series of four swim-run races every Tuesday in July at Doling Park, 301 E. Talmage Road. Participants 5 years of age and older (adults are welcome) earn points based upon age group placing each week. The top three participants in each age group are recognized following the event.

The course features a 1.25-mile run and a 350-yard swim. The series schedule is: July 5, Run-Swim; July 12, Swim-Run; July 19, Run-Swim-Run; July 26, Swim-Run-Swim. Check-in for the event runs from 5:45—6:45 p.m., with the race starting at 7 p.m. The cost is \$10 per person, per race and participants will receive a free T-shirt. For more information, call Doling Family Center at 417-837-5900 or visit www.parkboard.org (directly <http://bit.ly/cjgCWc>).

8th Annual Kid'athlon

The 8th Annual Kid'athlon, which is a triathlon for youth 5 – 14 years of age, will be held beginning at 8 a.m., Saturday, Aug. 6, at Meador Park, 2500 S. Fremont.

Kid'athlon will have the standard swimming, running and biking portions of a regular triathlon. The events include a 50—100-yard swim, 0.5—1.5-mile run and a 0.5—3-mile bike ride, depending upon the age group.

The first heat of Kid'athlon will begin at 8 a.m., with check-in between 6:30-7:30 a.m. The cost of the race is \$25 per child (\$15 for the second child from the same household). Mandatory packet pickup is from 11 a.m. – 7 p.m., Friday, August 5, at Doling Family Center, 301 E. Talmage St.

Pre-registration is required and continues through Friday, July 29. Call 417-837-5900 or visit www.parkboard.org (directly <http://bit.ly/cjgCWc>) for more information.

A FREE triathlon race clinic will be provided from 6:30 – 7:30 p.m., Wednesday, July 27, at Meador Park, for those planning to participate in the event. Eric Johnson, an experienced triathlon athlete and coach, will be leading the clinic. **RSVP required** by calling Doling Family Center at 417-837-5900.

For more information, media contact: Julie Schnurbusch, Event Organizer, 417-837-5900.



Department of Public Information

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