

# KIDS' GAMES AND ACTIVITIES

COVID-19 is creating unique challenges for everyone. We know that your kids may be feeling restless and we want to help! **Remember, spending time with the members of other households is a danger to everyone involved. Be responsible-stay home.**

## Jump the River

An easy game using a ruler and some string. Separate the strings one inch apart (measure using the ruler). Encourage each child to "jump over the river." After each jump, make the "river" an inch wider.

Compete to see how far they can jump!



## Make a Timeline

Make a timeline of each child's milestones. If possible, attach photographs to the appropriate place on the timeline. Then, encourage children to write memories down and draw over the timeline.

## Have an Indoor Camp-out

Use a bed sheet to build a "tent." Tell campfire stories, use flashlights to make hand-puppets, and eat camping-themed foods for dinner.



## Find More Great Ideas

Check out these articles for more kids' activities.

- [125 Ideas to Keep Kids Entertained During Coronavirus](#)
- [Master Guide to COVID-19 Online Activities](#)
- [Scientific Snacks by San Francisco's Exploratorium](#)



For information about local resources, call 417-893-9609 or visit [www.facebook.com/Jamie.C.H.A](https://www.facebook.com/Jamie.C.H.A)



This list was adapted from information available at [www.kidsoutandabout.com](http://www.kidsoutandabout.com).